

# CAS 2025-2026 Lunch Menu

<b>WEEK 1</b>	Sept 1, Oct 6, Nov 3, Dec 1, Jan 5, Feb 2, Mar 2, Apr 6, May 4
Monday	Meatball Sub, Carrots/Dip, Oranges, Chocolate Chip Cookie, Milk
Tuesday	Pulled Pork w/ Bun, Broccoli, Peaches, Milk
Wednesday	Hamburger w/ Bun, Corn, Pineapple, Milk
Thursday	Chicken Nuggets or Boneless Chicken Wing, Baked Beans, Fruit & Yogurt Parfait, Milk Zee Zee Bar
Friday	Pizza, Green Beans, Pears, Milk
<b>WEEK 2</b>	Sept 8, Oct 13, Nov 10, Dec 8, Jan 12, Feb 9, Mar 9, Apr 13, May 11
Monday	Spaghetti & Meatballs, Garlic Bread, Green Beans, Applesauce, Milk
Tuesday	Beefy Soft Tacos, Ref. Beans, Side Salad, Mixed Fruit, Milk
Wednesday	Chicken Sandwich, Steamed Vegetables, Fresh Fruit, Milk
Thursday	Grilled Cheese, Tomato Soup, Veggies/Dip, Oranges, Milk
Friday	Walking Taco, Corn, Pineapple, Milk
<b>WEEK 3</b>	Aug 18, Sept 15, Oct 20, Nov 17, Dec 15, Jan 19, Feb 16, Mar 16, Apr 20, May 18
Monday	Chicken Wrap, Veggies/Dip, Apple, Milk
Tuesday	Sauced and Tossed BBQ Chicken Tenders, Tater Tots, Corn, Oranges, Milk
Wednesday	Hot Sub w/ Bun, Mixed Veggies, Mixed Fruit, Milk
Thursday	Loaded Nachos w/ Taco meat, Steamed Veg., Peaches, Milk
Friday	Pizza, Side Salad, Fresh Fruit, Milk
<b>WEEK 4</b>	Aug 25, Sept 22, Oct 27, Nov 24, Dec 22, Jan 26, Feb 23, Mar 23, Apr 27, May 25
Monday	Popcorn Chicken, Baked Fries, Veggies/Dip, Pears, Milk
Tuesday	Salisbury Steak, Mashed Potato, Steamed Carrots, Fresh Fruit, Milk
Wednesday	Hot Dog w/ Bun, Baked Beans, Oranges, Milk
Thursday	Teriyaki Chicken, Rice, Steamed Broccoli, Pineapple, Milk
Friday	Cheese Stick, Green Beans, Applesauce, Milk
<b>WEEK 5</b>	Sept 29, Dec 29, March 30
Monday	Chicken Tenders, Tater Tots, Mixed Veg., Pears, Milk
Tuesday	Fish Nuggets, Rice, Carrots, Mixed Fruit, Milk
Wednesday	Grilled Cheese, Tomato/Chicken Noodle Soup, Side Salad, Pears, Milk
Thursday	Mac & Cheese, Broccoli, Fresh Fruit, Milk
Friday	Pizza, Green Beans, Pineapple, Milk

## Choose healthy:

Orange Grains  
Blue Dairy  
Green Vegetables  
Red Proteins  
Purple Fruits

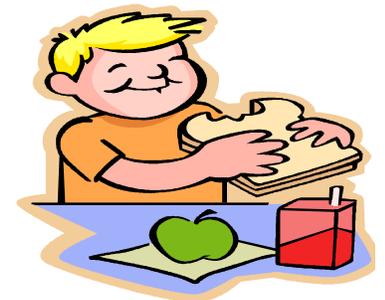
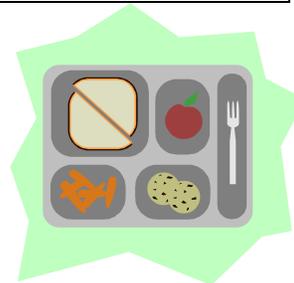


Everyday options on the main entrée for 3<sup>rd</sup>-12<sup>th</sup> grade:

Cheese Pizza  
Pepperoni Pizza  
Salad Bar

Elementary Lunch or Salad Bar	\$3.25
High School Lunch or Salad Bar	\$3.50
Drinks	\$0.75
Extra Items – Main	\$1.25
Extra Items – Sides	\$0.75
Breakfast-	\$2.00
Adult Meals (Non-Staff)	\$4.80

Additional lunch items may also be available to purchase. If your child has permission to buy extras, please be sure their lunch account stays current.



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