

Christian Academy Lunch Menu for 2019-2020

WEEK 1	Sept 2, Oct 7, Nov 4, Dec 2, Jan 6, Feb 3, Mar 2, Apr 6, May 4
Monday	Chicken Nuggets, Carrots/Dip, Oranges, Chocolate Chip Cookie, Milk
Tuesday	Corn Dog, Broccoli, Peaches, Milk
Wednesday	Hamburger w/ Bun, Corn, Pineapple, Milk
Thursday	Grilled Chicken Sandwich, Baked Beans, Fruit & Yogurt Parfait, Milk
Friday	Pizza, Green Beans, Pears, Milk
WEEK 2	Sep 9, Oct 14, Nov 11, Dec 9, Jan 13, Feb 10, Mar 9, Apr 13, May 11
Monday	Spaghetti & Meatballs, Garlic Bread, Green Beans, Applesauce, Milk
Tuesday	Beefy Soft Tacos, Ref. Beans, Side Salad, Mixed Fruit, Milk
Wednesday	Chicken Sandwich, Steamed Vegetables, Fresh Fruit, Milk
Thursday	Grilled Cheese, Tomato Soup, Veggies/Dip, Oranges, Milk
Friday	Walking Taco, Corn, Pineapple, Milk
WEEK 3	Aug 19, Sep 16, Oct 21, Nov 18, Dec 16, Jan 20, Feb 17, Mar 16, Apr 20, May 18
Monday	Chicken Wrap, Veggies/Dip, Apple, Milk
Tuesday	Sloppy Joe w/ Bun, Tater Tots, Corn, Oranges, Milk
Wednesday	Chicken & Cheese Quesadilla, Refried Beans, Mixed Fruit, Milk
Thursday	Loaded Nachos w/ Taco meat, Steamed Veg., Peaches, Milk
Friday	Pizza, Side Salad, Fresh Fruit, Milk
WEEK 4	Aug 26, Sep 23, Oct 28, Nov 25, Dec 23, Jan 27, Feb 24, Mar 23, Apr 27, May 25
Monday	Popcorn Chicken, Baked Fries, Veggies/Dip, Pears, Milk
Tuesday	Salisbury Steak, Mashed Potato, Steamed Carrots, Fresh Fruit, Milk
Wednesday	Hot Dog w/ Bun, Baked Beans, Oranges, Milk
Thursday	Teriyaki Chicken, Rice, Steamed Broccoli, Pineapple, Milk
Friday	Cheese Stick, Green Beans, Applesauce, Milk
WEEK 5	Sep 30, Dec 30, Mar 30
Monday	Chicken Tenders, Tater Tots, Mixed Veg., Pears, Milk
Tuesday	Fish Nuggets, Rice, Carrots, Mixed Fruit, Milk
Wednesday	Grilled Cheese, Tomato/Chicken Noodle Soup, Side Salad, Pears, Milk
Thursday	Mac & Cheese, Broccoli, Fresh Fruit, Milk
Friday	Pizza, Green Beans, Pineapple, Milk

Choose healthy:

Orange Grains

Blue Dairy

Green Vegetables

Red Proteins

Purple Fruits



Everyday options on the main entrée for 3th-12th grade:

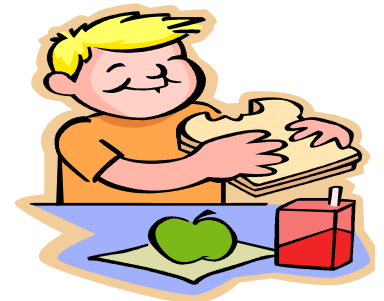
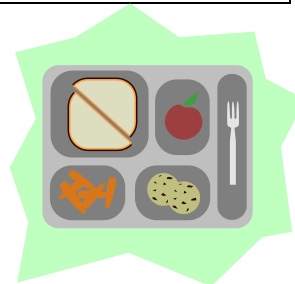
Cheese Pizza

Pepperoni Pizza

Salad Bar

Elementary Lunch or Salad Bar	\$3.00
High School Lunch or Salad Bar	\$3.25
Drinks	\$0.75
Extra Items – Main	\$1.25
Extra Items – Sides	\$0.75
Adult Meals –	\$3.30

Additional lunch items may also be available to purchase. If your child has permission to buy extras, please be sure their lunch account stays current.



This institution is an equal opportunity provider and employer.