

# Christian Academy Lunch Menu for 2016-2017

<b>WEEK 1</b>	Sept 5, Oct 3, Nov 7, Dec 5, Jan 2, Feb 6, Mar 6, Apr 3, May 1, June 5
Monday	Chicken Nuggets, Carrots/Dip, Oranges, Chocolate Chip Cookie, Milk
Tuesday	Corn Dog, Broccoli, Peaches, Milk
Wednesday	Hamburger w/ Bun, Corn, Pineapple, Milk
Thursday	Grilled Chicken Sandwich, Baked Beans, Fruit & Yogurt Parfait, Milk
Friday	Pizza, Green Beans, Pears, Milk
<b>WEEK 2</b>	Sept 12, Oct 10, Nov 14, Dec 12, Jan 9, Feb 13, Mar 13, Apr 10, May 8
Monday	Spaghetti & Meatballs, Garlic Bread, Green Beans, Applesauce, Milk
Tuesday	Beefy Soft Tacos, Ref. Beans, Side Salad, Mixed Fruit, Milk
Wednesday	Chicken Sandwich, Steamed Vegetables, Fresh Fruit, Milk
Thursday	Grilled Cheese, Tomato Soup, Veggies/Dip, Oranges, Milk
Friday	Walking Taco, Corn, Pineapple, Milk
<b>WEEK 3</b>	Sept 19, Oct 17, Nov 21, Dec 19, Jan 16, Feb 20, Mar 20, Apr 17, May 15
Monday	Chicken Wrap, Veggies/Dip, Apple, Milk
Tuesday	Sloppy Joe Sand., Tater Tots, Corn, Oranges, Milk
Wednesday	Chicken & Cheese Quesadilla, Refried Beans, Mixed Fruit, Milk
Thursday	Loaded Nachos w/ Taco meat, Steamed Veg., Peaches, Milk
Friday	Pizza, Side Salad, Fresh Fruit, Milk
<b>WEEK 4</b>	Sept 26, Oct 24, Nov 28, Dec 26, Jan 23, Feb 27, Mar 27, Apr 24, May 22
Monday	Popcorn Chicken, Baked Fries, Veggies/Dip, Pears, Milk
Tuesday	Salisbury Steak, Mashed Potato, Steamed Carrots, Fresh Fruit, Milk
Wednesday	Hot Dog w/ Bun, Baked Beans, Oranges, Milk
Thursday	Grilled Chicken, Rice, Steamed Broccoli, Pineapple, Milk
Friday	Cheese Stick, Green Beans, Applesauce, Milk
<b>WEEK 5</b>	Aug 29, Oct 31, Jan 30, May 29
Monday	Chicken Tenders, Tater Tots, Mixed Veg., Pears, Milk
Tuesday	Fish Nuggets, Rice, Carrots, Mixed Fruit, Milk
Wednesday	Chicken Noodle Soup, PB & J Sandwich, Side Salad, Pears, Milk
Thursday	Mac & Cheese, Broccoli, Fresh Fruit, Milk
Friday	Pizza, Green Beans, Pineapple, Milk

Choose healthy:

Orange Grains

Blue Dairy

Green Vegetables

Red Proteins

Purple Fruits



Everyday options on the main entrée for 4<sup>th</sup>-12<sup>th</sup> grade:

Cheese Pizza

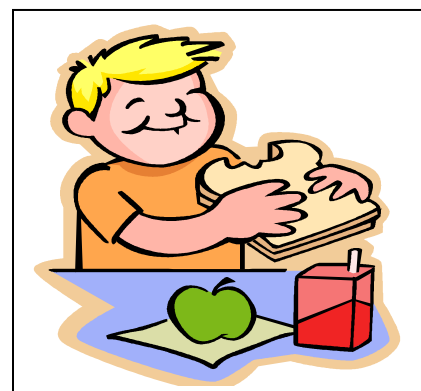
Pepperoni Pizza

Salad Bar

Please note the menu is subject to change.

Elementary Lunch or Salad Bar	\$3.00
High School Lunch or Salad Bar	\$3.25
Drinks	\$0.50
Extra Items – Main	\$1.25
Extra Items – Sides	\$0.75

Additional lunch items may also be available to purchase. If your child has permission to buy extras, please be sure their lunch account stays current.



This institution is an equal opportunity provider and employer.